



DETERMINANTS OF CAR-SHARING SELF-EFFICACY

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CONCEPTS



➤ Car-sharing = Stationary carsharing

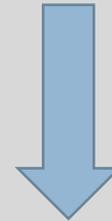
➤ Self-efficacy = A person's belief to control and manage a specific situation (Bandura, 1982).

THEORY



1. EXPERIENCES

2. OBSERVATION OF OTHERS



SELF-EFFICACY



3. PERSUASION FROM OTHERS

4. EMOTIONAL AROUSAL

(Bandura, 1982)

PURPOSE



Explain if the four factors can explain car-sharing efficacy

1. Experience of carsharing influences car-sharing self-efficacy.
2. Observation of others influences car-sharing self-efficacy.
3. Social persuasion influences car-sharing self-efficacy.
4. Emotional arousal influences car-sharing self-efficacy.

1. EXPERIENCES

2. OBSERVATION OF OTHERS



SELF-EFFICACY

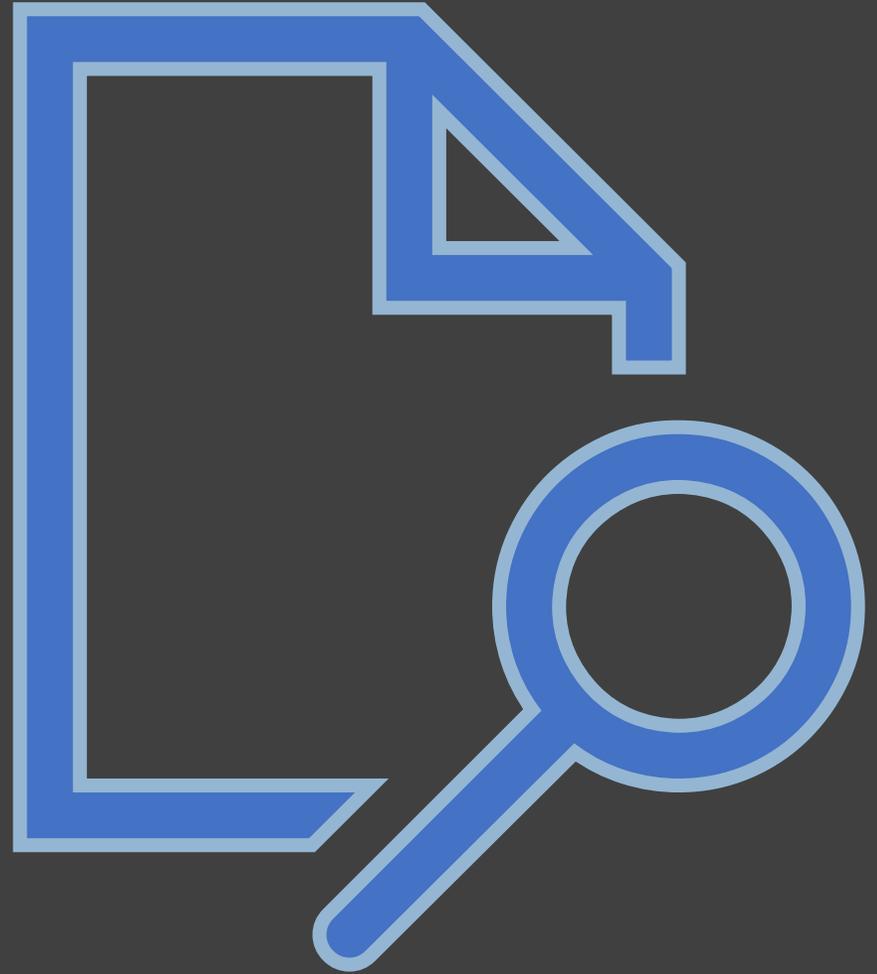


3. PERSUASION FROM OTHERS

4. EMOTIONAL AROUSAL

(Bandura, 1982)

METHOD



1 078 citizens in Gothenburg, Sweden



275 responses



204 car drivers



70 with
experience
of car-
sharing



112 males
91 females
1 other



$M = 40$
years of
age

Dependent variable: Self-efficacy:

Indicate on the line below how certain it is that you can fulfil all your needs of a car with car-sharing:

Not at all
certain



Completely
certain

Independent variables:

1. Experience of carsharing: "I have experience from car-sharing"
2. Observation of others: "Most of my acquaintances use car-sharing"
3. Social persuasion: "Car-sharing use is perceived as something positive among my friends and acquaintances"
4. Emotional arousal: "I would feel stressed if I used cars from car-sharing services"

RESULTS

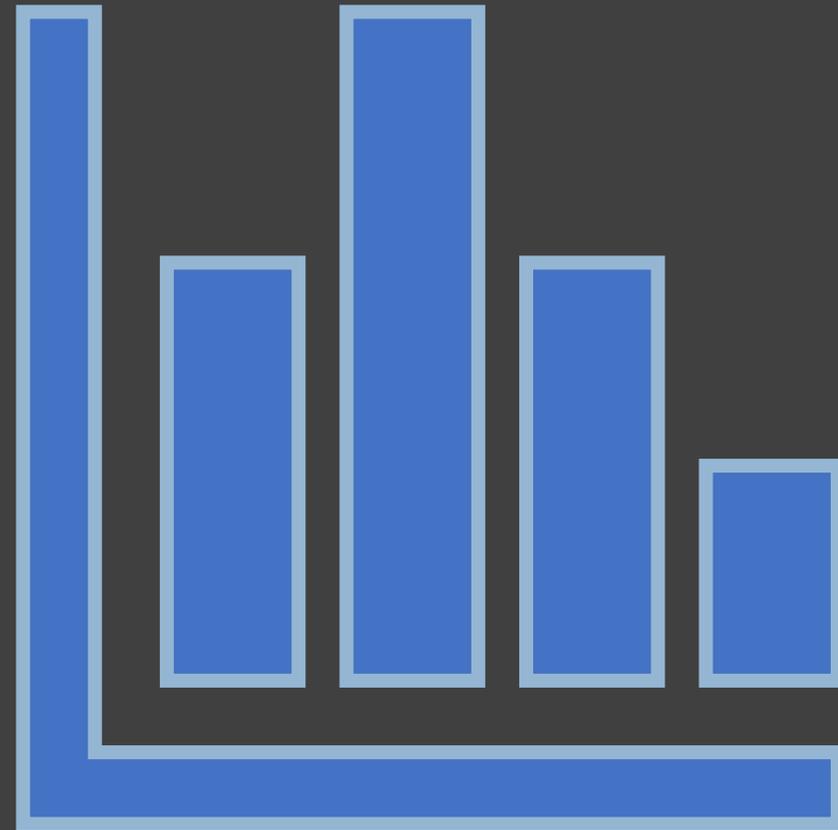


Table 1. Regression model of car sharing self-efficacy

	<u>Car sharing self-efficacy</u>
Experience	.09
Observation of others	.12
Social persuasions	.28***
Emotional arousal	-.25***
R^2	.21***

Entries for predictors are beta weight (i.e. standard regression coefficients). Car sharing self-efficacy was measured on a 100-point Visual Analogue Scale; Experience was measured on a binary question (i.e. 1= experience of carsharing, 0 = no experience of carsharing); Observation of others, social persuasions, and emotional arousal were measured on a 7-point Likert scale. *** = $p < .001$. The table only include respondents who have answered all five questions ($N=194$).

1. EXPERIENCES

2. OBSERVATION OF OTHERS

SELF-EFFICACY

3. SOCIAL PERSUASIONS

4. EMOTIONAL AROUSAL

DISCUSSION



- Social support is important for self-efficacy in transport behaviour (Skarin et al., 2019).
- Experience is measured through a binary question.



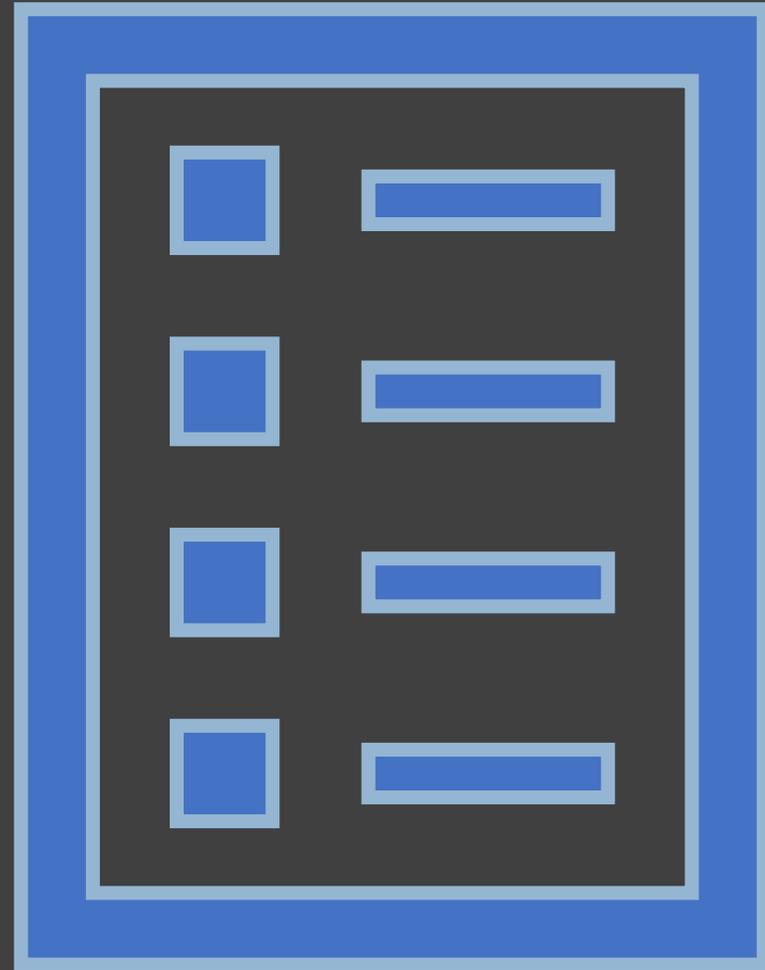
CONCLUSIONS



- What influence the belief that car-sharing fulfil all needs of cars are social support and emotional arousal.
- Experiences of car-sharing does not influence car-sharing self-efficacy.
- Inability to fulfil the needs among pioneer users of car-sharing services.



REFERENCES



Bandura, A. (1982). Self-efficacy mechanism in human agency. *American Psychologist*, 37(2), 122-147.

Skarin, F., Olsson, L. E., Friman, M., Wästlund, E. (2019). Importance of motives, self-efficacy, social support and satisfaction with travel for behaviour change during travel intervention programs. *Transport Research Part F. Traffic Psychology and Behaviour*, 62, 451-459.

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